# Sustainable innovations in a new light

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SYSTEM INNOVATION FOR SUSTAINABLE DEVELOPMENT

## Did attitudes towards coworking spaces change with the Covid-19 pandemic?

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## Background

- Coworking spaces in rural areas = office infrastructure shared by people from different professional backgrounds > potential to reduce commuter traffic and revive towns/villages (Hölzel & de Vries, 2021; Theis et al., 2021)
- Fear of infection and avoidance of commuting (by public transport) may change intentions to use coworking spaces
- → Covid-19 pandemic as window of opportunity? (Tomaz et al., 2021)

## Methods

- Online survey as part of Darmstadt Citizens' Panel
- 2 measurement points: before pandemic (T1: February 2020, n = 651), during pandemic (T2: June 2020, n = 730)
- Questions on importance of workplace features, work situation during pandemic (T2 only), intention to use coworking spaces

## Aim & Research question

#### Aim

Preparing implementation of user-oriented coworking spaces in rural areas to reduce commuter traffic and revive towns/villages

### Research question

Did attitudes towards using coworking spaces in rural areas change with the Covid-19 pandemic?

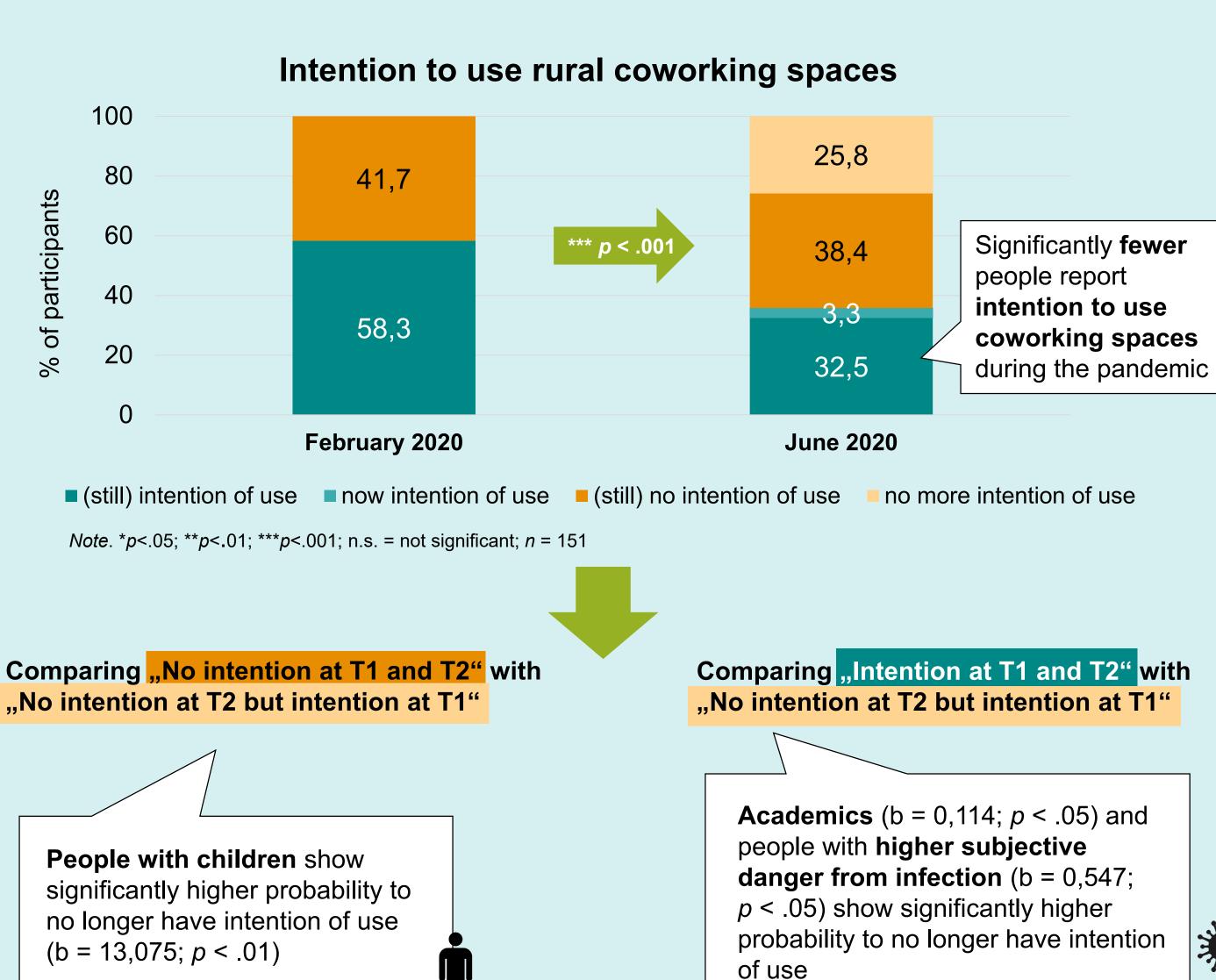
## Results: Attitudes towards working from home

During the pandemic	n	min	max	М	SD
finding work-life balance is	349	1 (= a lot more difficult)	5 (= a lot easier)	2.71	1.02
My attitude towards homeoffice is	349	1 (= very negative)	5 (= very positive)	3.93	0.91
Note. Only asked at T2 (retrospective	self-reports)	negative)	positive)		

## Results: Attitudes towards coworking

Coworking implies	n	T1 M (SD)	T2 M (SD)	Diff.	d
Less isolation through exchange with others	49	3.02 (1.13)	3.49 (1.08)	*	0.43
Difficult communication with colleagues	45	3.11 (1.03)	2.78 (0.80)	**	0.36
Saving time for household and hobbies	46	3.89 (1.08)	4.13 (0.78)	n.s.	0.26

Note. \*p<.05; \*\*p<.01; \*\*\*p<.001; n.s. = not significant; 1 = not at all, 5 = absolutely; only participants interested in coworking who took part at T1 & T2



## Discussion

### Summary

- Lower intentions to use coworking spaces during pandemic but: significantly less perceived problems for communication with colleagues & higher advantage through less isolation
- Working from home as strong competitor of coworking **but:** difficulties in finding work-life balance
- Saving time as consistently big advantage of coworking in rural spaces instead of commuting

### Limitations

- Results from early stages of pandemic → follow-up?
- Sample not representative in terms of education, income level & nationality

### **Future directions**

- Adjustments of coworking necessary (e.g., hygiene concepts)
- Stronger focus on advantages compared to working from home & possibility to avoid commuting
- Create targeted incentives for use of coworking spaces for academics & people with children (e.g., close to child care services)

### References

Hölzel, M., & de Vries, W.T. (2021). Digitization as a driver for rural development – An indicative description of German coworking space users. Land, 10(326), 1-21. Theis, A., Helferich, M., Schweikert, M., Eisen, C., Frommer, B., Führ, M., Meyer, H., Müller, H., & Hanss, D. (2021). Gemeinschaftsbüros – Eine psychologische Analyse der Nutzungsintention und Ableitung von Gestaltungsempfehlungen. Forschungsbericht des Darmstädter Instituts für Wirtschaftspsychologie der Hochschule Darmstadt. Tomaz, E., Moriset, B., & Teller, J. (2021). Rural coworking spaces in the Covid-19 era. A window of opportunity? Retrieved from: HAL Id: halshs-03235464 https://halshs.archives-ouvertes.fr/halshs-03235464 (24.09.2021)



*Note. n*=132; Cox & Snell=0.473; Nagelkerke=0.522





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## **Project partners**

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